

Time in Accra

Volume 8

Winter Travel Team

January 7th and 8th



Survivors of the Kakum National Park Canopy Walkway near Capecoast, Ghana.

Issue VIII Updates

- Cape Coast Castle
- Kakum National Park
- Local shopping



The Cape Coast Castle.

Friday, January 7th

Matt Dunning Environmental Engineering

The travel team is officially back in Accra as of last night which can only mean one thing: wet heat. I was happy with the weather in Ullo because I didn't step outside and sweat profusely. Regardless, anything is better than the below zero temps in the midwest right now.

Our long day began by leaving the Hunters Royal Hotel at 7am and driving 3 hours west to Cape Coast. We went on a tour of the cape coast castle which was the main port for the European slave trade in Ghana. It gave a new perspective on how the oppressed side experienced everything.

After the castle tour, Zack took us to a restaurant called Hans Cottage. Some of their attractions are crocodile viewings, a pool, and the best french fries I have ever had. Words cannot describe how incredible these fries were but I am going to try. The outside was crispy, the inside was soft, and the entire fry simply melted in your mouth as you ate it. McDonalds could never make a fry this good.



It's possible the experience was dramatized due to the lack of fries I've had in the past 3 weeks but I like to think otherwise.

The group headed to Kakum National Park after a life changing lunch where we went on a hike in the treetops. Before the canopy tour, we hiked a half mile uphill which does not pair well with 100% humidity. We were as sweaty as a water bottle taken out of a fridge before heading out on the bridges. The views of vibrant green trees and sounds of chirping birds made the entire trip worth it. Joe also showed us his climbing abilities on some bamboo plants.

After a long drive back from Cape Coast, we ate at papaye. It's a local fast food chain in Ghana with really good fried chicken. Tomorrow is another busy day before heading home Sunday night. Thanks for reading!



Saturday, January 8th

Joseph Kim
Industrial Engineering

Last full day in Accra! With the end of the trip quickly approaching and the previous day being spent in Cape Coast, we all wanted to have a day to just explore the city. Before that, though, we had to handle a little business by making sure we were all good to go back to the states by getting our COVID-19 tests at the airport. This definitely was terrifying but thankfully, we all received the good news of a negative. After finishing up with our tests, we got to wander around the city a bit. We went to a supermarket, an arts and culture center with a ton of paintings, crafts, and other creations, a pretty cool bookstore, and a botanical garden. After being in Ullor for over two weeks and learning a lot more about Ghana and its development, these touristy things were mixed with a deeper appreciation and a bit of culture shock that were not there the first time we were in Accra. Though we knew that we would be going back to Hy-Vees and Targets in a few days, there was still a shock of seeing hundreds of types of foods, drinks, books, and all kinds of products all within a few cedis reach.

Just even driving through the city was awesome since we had learned more about Ghana and its culture, so we could explain certain things we noticed like unfinished buildings and patterns in the way people drove. Although seeing Accra was awesome the first time, I think we all appreciated having another chance to go back.

In many ways, the last couple of days doing more touristy things have been a great way to transition back into stateside life. Ullor is a completely different place than basically anything many of us had already experienced, so slowly easing into a more familiar environment with a team that had basically become family has been a great way to end the trip. As a more personal note, since this is my last entry, to all of the family, friends, and supporters of EWB and any of the travelers, thanks for all the time and effort you've put into supporting us. It's been an incredible trip, and we're all coming back with tons of stories that we're looking forward to sharing with you all. None of this would have been possible without all of you, so thank you for all that you do. Barka ("thank you" in Dhagari, the language spoken in Ullor).